

COMPANIONS FOR THE JOURNEY WITH OUR MOTHER OF SORROWS

LOSS WE HAVE ALL EXPERIENCED IT IN ONE WAY OR ANOTHER.

SOME OF US GET OVER IT QUICKLY; OTHERS OF US CARRY THE LOSS FOR A LONG TIME.

THERE IS NO LIMIT. BUT THERE IS HELP IN RECOVERING OUR OLD SELF AGAIN AND STILL REMEMBER, WITH LOVE AND HAPPINESS, THE ONE WE HAVE LOST.

God designed your spirit to seek and eventually achieve balance.

If you have lost someone very close to you and are still feeling out of sorts, in other words grieving, we are here to help you relieve some of the heavy burden in your heart.

Companions for the Journey is planning a series of gatherings over the next nine months to help you through this grieving process. Even if several years have passed by, there still may be some residual effect left over that you need help with, or you can be of help to someone else by sharing your experience of moving forward without your loved one.

The first Gathering was a great success. There were 14 participants. Our next Gathering is scheduled for Thursday, September 17, 2015 at 6:30 pm to 8:00 pm in Pruski Hall. Our topic will be EMOTIONAL PROCESS Karen Bagwell Certified Counselor will be on hand to give professional advice if needed. Even if you did not attend the first Gathering you are welcome to come in at any time. All those who did attend, we hope to see you again.

Please come and join us and let us get to know each other better. The Holy Spirit and Our Mother of Sorrows will guide us in the direction that will be most helpful to all attending.

If you need a ride to the Gathering, please let me know and I will make arrangements with one of our members to pick you up. My number is 210-296-1380 Alice Rutkowski.

DATE: September 17, 2015
TOPIC: EMOTIONAL PROCESS
TIME: 6:30 TO 8:00 PM
PLACE: PRUSKI HALL AT
ST. JEROME'S PARISH

RSVP: 210-296-1380, Alice Rutkowski

